

**Riverbend Retreat Center, Child Abuse Prevention Training**

**Participant's Worksheet**

1. It is not the sole responsibility of the \_\_\_\_\_ to ensure the safety of the campers.
  
2. Child sexual abuse is not solely restricted to \_\_\_\_\_ contact.
  
3. Studies show that the effects of child abuse often carry over into the child's adult life and can include:
  - a. difficulty in forming \_\_\_\_\_ relationships
  - b. \_\_\_\_\_ risk-taking that may lead to contracting sexually transmitted diseases, including AIDS
  - c. \_\_\_\_\_ complaints and symptoms
  - d. \_\_\_\_\_, suicidal thoughts, and suicide
  
4. A child can be a victim of abuse and show no \_\_\_\_\_ signs.
  
5. A child is much more likely to be abused by someone they \_\_\_\_\_ rather than by a \_\_\_\_\_.
  
6. About \_\_\_\_\_ of all sexual abuse of children occurs at the hands of older children, primarily adolescents.
  
7. Molesters tend to use three basic strategies: \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_, all wrapped in secrecy.
  
8. There is usually little a child can do to resist \_\_\_\_\_, which is a very infrequent act of abuse.

9. The molester who gives gifts or other favors to the interested child is using \_\_\_\_\_.
  
10. When a child is told that it is their fault that the molestation took place the molester is using \_\_\_\_\_.
  
11. Without using the three listed above, one other way secrecy is maintained during an abusive relationship is embarrassment, loss of affection, threat of physical harm or displaced responsibility.
  
12. There must be a difference of five years between persons in order for it to be considered child abuse.
  - a. True
  - b. False
  
13. The On-site Protection and Prevention Policies are designed primarily for the protection of the campers, but they also serve to protect the \_\_\_\_\_ \_\_\_\_\_ from \_\_\_\_\_ of abuse.
  
14. Adults should use extreme care in avoiding \_\_\_\_\_ encounters between themselves and campers as well as campers with campers.
  
15. Adult leaders must respect the \_\_\_\_\_ of campers in situations such as changing clothes and taking showers at camp, and intrude only to the extent that health and safety require.
  
16. All discipline at camp should be \_\_\_\_\_.
  - a. Constructive and Positive
  - b. Timely and Just
  - c. Withheld until they are back home

17. \_\_\_\_\_ is never a proper form of discipline.
18. Any type of \_\_\_\_\_ is NOT allowed at camp.
19. If a child discloses abuse to you, the most important thing you can do is \_\_\_\_\_.
- Take good notes
  - Make sure the abuse actually happened
  - Listen to the child
20. **You should \_\_\_\_\_ the child.** Never criticize the child or claim that the child has misunderstood what happened. It is not your responsibility to determine whether the allegation is true. Children seldom lie about abuse.
- Believe
  - Affirm
  - Protect
21. **You should \_\_\_\_\_ the child.** Children who have been victimized may feel sad, angry, fearful, anxious, and depressed. Accept and understand the child's feelings. Avoid telling the child how he or she "should feel." Rather, emphasize that the child is not to blame for what happened. Praise him/her for courage and honesty, and promise you will get help.
- Protect
  - Refer
  - Affirm
22. **You should \_\_\_\_\_ the child.** Along with the Church Leader, Group Leader or other trusted adult, take the child to a private place. Discuss the situation only with these individuals. Try to avoid repeated interviews about the incident. Never promise that everything will be okay. You can promise that you will do what you can to help.
- Protect
  - Believe
  - Refer

23. **You should \_\_\_\_\_ the child.** DO NOT attempt to handle the problem alone. This is important for the well being of the child as well as for your own protection. As a child care custodian, you are mandated by the law to report child abuse.
- Refer
  - Affirm
  - Reassure
24. In the state of Texas, a person is required to report child abuse if there is \_\_\_\_\_ that abuse has occurred.
25. If a child discloses abuse to you at camp, the three on-site people that need to be notified immediately are:
- Church Leader/Minister
  - Group Leader
  - Child's sibling
  - Camper's friend
  - Retreat Center Director or his assistant
  - Fellow Sponsor/Counselor

**If the suspected abuse occurs at the youth camp, the suspected abuse must be reported to the Texas Department of Health & Human Services Commission (HHSC) utilizing the online form at [https://wafers.hhsc.state.tx.us/Abuse\\_Fraud\\_Re-orting\\_IR.asp](https://wafers.hhsc.state.tx.us/Abuse_Fraud_Re-orting_IR.asp). (available at office)**